

# Church of SAINT JOSEPH

12 WEST MINNESOTA STREET • ST. JOSEPH, MN 56374

## *Mission Statement*

*We, the Church of Saint Joseph, are a Catholic, Benedictine faith community. Our liturgy invites and inspires active participation and faith-filled living. Through our ministry of formation in Christ, we continue to build a solid foundation as witnesses who eagerly respond to the needs of the parish and wider community.*



Phone: 320-363-7505  
Parish Fax: 320-363-0710  
School Fax: 320-363-7760

Parish Website:  
[www.churchstjoseph.org](http://www.churchstjoseph.org)  
Diocesan Website:  
[www.stclouddiocese.org](http://www.stclouddiocese.org)  
Email Address:  
[parish@churchstjoseph.org](mailto:parish@churchstjoseph.org)

## Stewardship

They  
who  
supply  
the  
seed



They who supply the seed will find that it multiplies, increasing the harvest of righteousness. They will be enriched in every way for their generosity, for they administer public benefit and see to the needs of the church. Their generosity overflows in much gratitude to God.

-2 Corinthians 9

**New Parishioners** Please stop by the parish office to register or mail your completed registration form found on the New Parishioners page of the parish website.

**Prayer Corner** If you know someone in need of prayers, please call the parish office. You may also call one of the chairpersons of the Prayer Network: Mary at 363-4244 or Joan at 363-4358.

**Infant Baptism** Attendance at a baptism class is required for all baptisms, even for parents who have had other children baptized. Please call the parish office at 363-7505, ext. 100, to register for the baptism class (held the first Monday of each month at 7:00 pm). The date of baptism will be scheduled upon completion of the class.

**Marriage** Call Fr. Joseph, ext. 122, to set a wedding date and to register for a parish preliminary marriage session. A minimum of six months is needed for preparation.

**Pastoral Care** If any parishioner or family member is in need of a pastoral care visit, please call Fr. Joseph at ext. 122. Today's privacy laws do not permit hospitals to contact churches when a patient is in need of a pastoral visit. We are made aware of it only when the individual or their friends and family contact us.

**Sacrament Of Anointing**  
Please call Fr. Joseph at ext. 122.

OCTOBER 16, 2011 • TWENTY-NINTH SUNDAY IN ORDINARY TIME

## COMMISSION OF PASTORAL MINISTRIES

*Saint Joseph Parishioners will know, understand and practice the Corporal and Spiritual Works of Mercy within our parish and in the wider community.*

### Tuesday, October 18 is the Feast of Saint Luke,

one of the writers of the Gospel story of Jesus. Tradition holds that Luke was a physician as well as a writer, which can remind us of the importance of physicians in our lives. Thanks to our local physicians who help us look after our own health and welfare. Today we also remember very specially the members of our parish who are ill, perhaps facing a life threatening illness, or are recovering from surgery, injuries, or are receiving treatments for various diseases or illnesses. We extend our thoughts and prayerful support for all of them and for their families. Jesus reminds us to visit the sick and to pray for them every day. Thanks for doing this.

**Remember that the anointing Mass will be on Saturday, October 22, at 5:00 pm. If you or someone you know desires to be anointed, please call 363-7505, ext. 100 to reserve a place.**

*Joyce Iten, O. S. B., Pastoral Minister*

**TURKEY CARDS** Please save your stamped turkey cards and/or receipts from Coborn's again this year and we will put them together to collect turkeys a week or two before Thanksgiving to donate to our local food shelf. Last year we collected enough stamped cards and receipts for 48 turkeys from Coborn's. God's blessings on your efforts to help feed the hungry.

**Support and Pray for Military Families** Remember these service men and women and their families in your prayers: Chad Phillipp, Marine serving in Afghanistan; David Lahr, a soldier serving in Afghanistan; Joseph Cheney, National Guardsman, serving in Kuwait, Christal (Joseph) Cheney, a soldier serving at Camp Ripley, MN; Jesse Meyer, brother of Christal Cheney, soon to be deployed in the Navy. Thank you.

### Prayer Corner

**Please pray for...** Marian Brisk, Judy Bruemmer, Laken Court, Richard Dalen, Audrey Elfering, Jim Elfering, Nancy Evans, Annie Funk, Justin Funk, Cliff Hilsgen, Blake Hogenson, Glenn Hommerding, Kathleen Johnson, Bob Kempen, Amy Klaphake, Rebecca Klaphake, Darlene Kroll, Larry & Linda Leither, Renee Lepinski, Alice Lenhardt, military men and women and their families, Tom Nahan, Delores Newcomb, Mike Nierengarten, people of the Diocese of Vijayapuram, India, Sam Rueckert, Cindy Schmitz, Ed Seifert, Lori Sprenger, Jeanette Steichen, Ann Pfannenstien Stuckart, Dennis Stueve, Eileen Whitley, Joan Wiener, workers & volunteers in foreign lands. *(These people will be specially remembered at Mass on the first Sunday of each month. If you would like a name added to, or removed from, the Prayer Corner, simply call the parish office, ext. 100. Names remain on the Prayer Corner for about two months.)*

### THANKSGIVING BASKETS

The Church of Saint Joseph, Resurrection Lutheran Church and St. Joseph Community Food Shelf are offering the *Thanksgiving Basket Program* to provide food baskets for the needy in our community. A total of 60 applications are available at the St. Joseph Community Food Shelf on Mondays and Thursdays from 1:00-3:00 pm, or you may contact Ann Scherer at 363-4179 or Alayna Christensen at 363-7505, ext. 121. **The registration deadline is Tuesday, November 1.** *All requests are confidential.* If you are able to make a cash contribution to the program, it would be greatly appreciated. Mark your donation "Food Basket" and place it in the regular Sunday offering basket. Thank you!

## COMMISSION OF SOCIAL MINISTRIES

*Saint Joseph Parishioners will know, understand and work to realize the Gospel vision of justice and Catholic Social Teaching.*

**Book Discussion:** "How much is Enough? Hungering for God in our Affluent Culture" by Arthur R. Simon. Read half of the book and come to one of two discussions offered on Sunday, November 13 at 7:00 pm in the Youth Room or Monday, November 14 at 10:00 am in the Parish Meeting Room. A time and date for discussing the second half is to be determined. Contact Molly to sign up and learn how to get the book. Noted scripture scholar, Walter Brueggemann called it, "Direct, concrete, deeply rooted and compelling." Join us!

**Social Concerns Ministry Training:** Saturday, November 5, 8:30 am-3:00 pm, Sacred Heart Church in Sauk Rapids, MN. Sponsored by Catholic Charities, this day will focus on organizing parishes, educating people for justice work and sharing ideas about what is and is not working in our various churches. Several members of our Social Concerns Group will be attending. Register online at [www.cstcloud.org/SocialConcerns](http://www.cstcloud.org/SocialConcerns).

### SUSTAINING GOD'S CREATION

"And God saw that it was GOOD." The Social Concerns Group will be hosting monthly activities to live out our lives more fully in terms of what we are doing to live more mindfully and with a deeper Spirit. **Our first event is "Walk at Saint John's," Sunday, October 23 to kick off our year of "Sustaining God's Creation."** Come, bring family and friends for a walk along the lake to the Stella Maris Chapel. We will meet on the front steps of the Abbey church at 1:00 pm and be back in plenty of time for the 3:15 Vikings/Packers game. Bring your own water bottle. We will have a light, healthy snack at the chapel.

### Partnership with the Diocese of Vijayapuram, India

Please keep Bishop Sebastian Thekkethecheril and the people of the Diocese of Vijayapuram in your daily prayers.

## COMMISSION OF WORD

### Youth Ministry

**Junior High Small Groups** Junior High Small Groups Clarification—The Faith Formation calendar and Youth Ministry calendar are separate. Small Groups are optional for 7-8<sup>th</sup> graders and seen as a supplement to the Faith Formation classes to continue to develop community and grow in understanding of people of faith. And as mentioned in last week's bulletin, the Small Groups will begin on Wednesday, October 26. Please contact Molly to register for a Small Group.

**GYM BLAST** Join us after Faith Formation on Wednesday, October 19 from 7:45-8:30 pm for Gym Blast. This is open to all 6-8<sup>th</sup> graders.

**Servin' it UP** Thursday, October 20 (MEA break), 9:00 am-4:00 pm. Youth in grades 9-12 are invited to share the Gospel message of loving our neighbor by serving for the day in our community. Confirmation students—this is a no brainer in terms of reaching out in service. Don't delay! Space is limited. Adults are needed to drive and minister. Contact Molly to register. Service will include working with our hands and Habitat for Humanity.

### Senior High Youth Rally Sunday, October 30

Senior High Youth RALLY. Sunday, October 30, 11:30 am-7:30 pm at Saint John's University. Join in with over 350 other youth in our diocese to CELEBRATE, PLAY and PRAY! Registration is due on Thursday, October 20. This event is for youth in 9-12<sup>th</sup> grade. Adults are needed to accompany our youth for a great day of fun and faith. Make this part of your Fall. More information can be found on the parish website and registration forms are available in the East Entrance.

*Molly Weyrens, Coordinator of Youth Ministry*  
363-7505, ext. 129  
[youthministry@churchstjoseph.org](mailto:youthministry@churchstjoseph.org)

**Family Table Talk...** Questions for your family discussion this week (Gospel: Matthew 22:15-21): *What shows that you belong to your family or school? How do you affect the values and commitments of your workplace? What belongs to God in our lives? How do you honor the image of God in yourself? In others?*

### Faith Formation

**Faith Formation classes this Wednesday for grades 1-8.** All classes, grades 1-8, will have class this week from 6:30-7:45 pm in the Lab School. Call the Faith Formation Office with any questions or if your child will be absent. Thanks for your help with this!

**Sunday School** classes will meet next Sunday, October 23, during the 10:00 am Mass. If you have not registered your child for the program but would like them to be a part of it, please contact the Faith Formation Office. *We would love to have your child in the program!*

*Dawn Carrillo, Director of Faith Formation*  
363-7505, ext. 152  
[faithformation@churchstjoseph.org](mailto:faithformation@churchstjoseph.org)

## Church of Saint Joseph Parish Mission:

The Church of Saint Joseph will celebrate an Advent Parish Mission on Sunday-Thursday, December 4-8. Our presenter is Fr. Robert Morin, OMI. Watch for upcoming information on this exciting event.



### Saint Joseph Lab School

This Tuesday students at the Lab School will have a community meal as a means of practicing the Benedictine Value of *Community*. All the students will eat together and be served family style. Students are instructed on how to politely ask for food to be passed and use proper manners. The older students sit amongst the younger students and help them with serving one another. During the meal, there will be a brief reflection on the Benedictine Value of *Stewardship*. This is similar to the practice of reading at table that is shared by our Benedictine friends.

On Wednesday we will gather together for prayer giving thanks for this year's harvest and all the gifts that God gives us. It is a good day of coming together as a school family before the MEA weekend.

*Workathon* is almost here, but you still have time to request a crew to come and do a job. There will also be Lab School families collecting donations after Mass.

Blessings,  
Karl Terhaar, principal

### Rite of Christian Initiation of Adults (RCIA)

*Are you interested in exploring the Catholic faith and way of life? The Rite of Christian Initiation of Adults is the adult process of becoming fully initiated in the Catholic Church. The Christian community of the Church of Saint Joseph invites you to consider becoming a full member of the Catholic Church through the RCIA! Please call Dawn Carrillo in the Faith Formation Office with questions or to get more information on the process.*

**Morality in Media** asks every person concerned about the floodtide of pornography pouring into our nation's communities, homes and children's minds to participate in this year's **White Ribbon Against Pornography (WRAP) Week**, running from **Sunday, October 30 through Sunday, November 6**. For more information, go to <http://moralityinmedia.org> and click on WRAP Campaign in the upper right hand corner. White ribbons are available at the Office of Marriage and Family [OFM@gw.stcdio.org](mailto:OFM@gw.stcdio.org) or by calling 252-4721.

**Bible Study Continues** Explore the Gospel of Mark for the new liturgical year that begins in Advent 2011. It is not too late to participate in this engaging Bible Study with Charles Bobertz, Ph.D. We began the sessions for this five week series on October 4, but would love to have you join us for the next four! The next session will be this Tuesday, October 18, followed by October 25, November 8 and November 15 at 6:30 pm. Please call or email the Faith Formation Office to get more information.

## COMMISSION OF WORSHIP

*Saint Joseph Parishioners will know, understand and honor Benedictine values and the dignity of their role as members of the worshipping assembly.*

### Readings for the Week of October 16

*“Is it lawful to pay the census tax to Caesar or not?” Knowing their malice, Jesus said, “Why are you testing me, you hypocrites? Repay to Caesar what belongs to Caesar and to God what belongs to God.”*  
 —Mt 22:17b-18, 21c

Sunday:	Is 45:1, 4-6/1 Thes 1:1-5b/ Mt 22:15-21	Thursday:	Rom 6:19-23/Lk 12:49-53
Monday:	Rom 4:20-25/Lk 12:13-21	Friday:	Rom 7:18-25a/Lk 12:54-59
Tuesday:	2 Tm 4:10-17b/Lk 10:1-9	Saturday:	Rom 8:1-11/Lk 13:1-9
Wednesday:	Rom 6:12-18/Lk 12:39-48	Next Sunday:	Ex 22:20-26/1 Thes 1:5c-10/ Mt 22:34-40

### 2012 LECTOR WORKBOOKS

have arrived and are in the East Entrance. All Lectors should pick up their copy.

### Liturgy Spotlight

*from the desk of David Orzechowski,  
Director of Liturgy and Music*



# Welcoming the Roman Missal, Third Edition

# 42 days

until the new Mass texts are implemented on the  
First Sunday of Advent – weekend of November 26/27.

**“The Lord be with you. And with your spirit.”**

### New Altar Servers & Eucharistic Ministers Training

#### Eucharistic Ministers:

Wednesday, October 26, 7:00 pm (must be a Confirmed Catholic).

#### Altar Servers:

Wednesday, November 9, 6:30 pm (grade four and older).

Contact David Orzechowski, for more information or to register: 363-7505, ext. 123 or [liturgy@churchstjoseph.org](mailto:liturgy@churchstjoseph.org).

LITURGICAL MINISTERS	Saturday, October 22 5:00 pm	Sunday, October 23 8:00 am	Sunday, October 23 10:00 am
<b>Sacristans</b>	Judy Meemken	Bill Elfering	Judy Meemken
<b>Greeters</b>	Sandy Chew, Marie Przybilla, Thomas Schindler	Richard & Joyce Stock, Jean Stock	Chuck & Pat Kutzera, Nettie Pfannenstien
<b>Gift Bearers</b>	Sherry and Nathan Schatz	Rassier Family	Dave and Ann Thelen
<b>Eucharistic Ministers</b>	Dianne Bechtold, Kay Lemke, Michael Brixius, Marilyn Court, Meg Klecker, Laura Kutzera, Mark Leither	Bill Elfering, Leo Glatzel, Peter Jansky, Connie Loecken, Sue Meers, Ellen Murray, Elaine Newton	Karen Backes, Rosanne Eiyneck, Caroline Glatzel, Anita Harris, Shirley Miller, Kenneth Schreiber, Becky Cameron
<b>Ushers</b>	Jerry Reischl, Bob Rice, Ron & Mary Ritter	Lloyd Bruemmer, Richard Gallus, Peter Giroux, Alan Glatzel	Cletus Bechtold, Roger Drontle, Doug & Carol Danielson
<b>Servers</b>	Kateri Fischer & Michael Fischer	Amanda Walz & Daniel Walz	Emily Lygre & Miranda Bayerl
<b>Lectors</b>	Tom Murray	Peggy Jansky	Tim Ebel
<b>Music Ministry</b>	Cantor	Cantor	Cantor

## The Week Ahead

### Sunday, October 16

#### *Twenty-ninth Sunday in Ordinary Time*

*Confirmation Rite of Welcome (9th Gr.)*

- 8:00 am** Mass† Louise Martini Masany  
**10:00 am** Mass for our Parish  
*Blessing for Expectant Parents*  
**1:30 pm** Loss & Grief Support Group

### Monday, October 17

- 2:30 pm** SJLS Conferences  
**5:00 pm** Mass at Saint Benedict's Monastery  
**6:30 pm** BeFriends

### Tuesday, October 18

- 8:00 am** Mass† Alois Roechers  
**9:00 am** Lectio Divina  
**1:00 pm** St. Ann's Mission Group  
**2:30 pm** SJLS Conferences  
**6:30 pm** Bible Study  
**7:15 pm** Contemporary Choir Rehearsal

### Wednesday, October 19

- 8:00 am** Mass† Stella Rassier  
**9:00 am** Adoration of the Blessed Sacrament  
**1:30 pm** SJLS Prayer Service for Food Shelf  
**6:30 pm** Faith Formation Gr. 1-8

### Thursday, October 20

*MEA Break—No School*

- 7:45 am** Confession  
**8:00 am** Mass† Steven Meyer  
**10:00 am** Autumn Thursday  
**6:30 pm** Mission Meeting

### Friday, October 21

*MEA Break—No School*

- 8:00 am** Mass†† Edward & Mary Albers

### Saturday, October 22

- 4:00 pm** Confession  
**5:00 pm** Mass† Judy Shafer—Anointing Liturgy

### Sunday, October 23

#### *Thirtieth Sunday in Ordinary Time*

- 8:00 am** Mass† Roman Rassier  
**10:00 am** Mass for our Parish

### Masses

Monday	Sacred Heart Chapel	5:00 pm
Tuesday-Friday		8:00 am
Saturday		5:00 pm
Sunday		8:00 & 10:00 am

### Sacrament of Reconciliation

Thursdays 7:45 am  
 Saturdays 4:00-4:40 pm  
 And by appointment - Please call Fr. Joseph at ext. 122.

## Parish/School

## 363-7505

<b>PASTOR</b> Fr. Joseph Feders, OSB	Office .....	ext. 122
	Residence .....	ext. 126
	Email: .....	pastor@churchstjoseph.org
<b>DEACON</b> Tom Murray	.....	ext. 351
	Email: .....	tandnmurray@gmail.com
<b>ADMINISTRATIVE ASSISTANT</b> Alayna Christensen	.....	ext. 121
	Email: .....	admnasst@churchstjoseph.org
<b>BUSINESS MANAGER</b> Sandra Scholz	.....	ext. 120
	Email: .....	sscholz@churchstjoseph.org
<b>FAITH FORMATION</b> Dawn Carrillo	.....	ext. 152
	Email: .....	faithformation@churchstjoseph.org
<b>FAITH FORMATION ADMINISTRATIVE ASSISTANT</b>		
	Alayna Christensen .....	ext. 204
	Email: .....	admnasst@churchstjoseph.org
<b>LITURGY &amp; MUSIC</b> David Orzechowski	.....	ext. 123
	Email: .....	liturgy@churchstjoseph.org
<b>PARISH CUSTODIAN</b> Andy Loso	.....	ext. 306
	Email: .....	custodian@churchstjoseph.org
<b>PARISH SECRETARY</b> Joann Rueckert	.....	ext. 100
	Email: .....	parish@churchstjoseph.org
<b>PASTORAL MINISTRY</b> Sr. Joyce Iten, OSB	.....	ext. 130
	Email: .....	jiten@churchstjoseph.org
<b>SCHOOL ADMINISTRATIVE ASSISTANT</b> Linda Heinen	.....	ext. 150
	Email: .....	schooloffice@churchstjoseph.org
<b>SCHOOL PRINCIPAL</b> Karl Terhaar	.....	ext. 151
	Email: .....	principal@churchstjoseph.org
<b>YOUTH MINISTRY/SOCIAL MINISTRIES</b> Molly Weyrens	.....	ext. 129
	Email: .....	youthministry@churchstjoseph.org
<b>MASS TIME SCHEDULE</b>	.....	ext. 200

### PASTORAL COUNCIL

Andy Brixius	.....	260-6724
Tammy Johnson	.....	363-8609
Tasha Johnson	.....	363-8609
Laura Kutzera	.....	363-8423
Steve Meyer	.....	363-1956
Rich Schwegel, Chair	.....	363-4923
Kathy Wahl	.....	363-7255

### TRUSTEES

Kevin Kluesner	.....	363-8363
Gary Renick	.....	363-4422

### FINANCE COUNCIL CHAIR

Doug Danielson	.....	363-1026
----------------	-------	----------

## Stewardship of Treasure

*Treasure received week of October 9, 2011*

Average weekly budget	\$11,844.00
Adult offering	\$9,619.09
Average weekly automated offering	\$2,335.56
Weekly difference	\$100.65
Youth offering received	\$78.54
Budget through October 9	\$177,660.00
Actual through October 9	\$161,022.66
Difference	\$-16,637.34

*Wherever your treasure lies, there will your heart be.  
 When much has been given a man, much will be required  
 of him.*  
 —Luke 12:32-48

## COMMISSION OF COMMUNITY

*Saint Joseph Parishioners will know, understand and demonstrate what it means to be a Catholic faith community.*

### From the Pastor's Desk

Dear Friends,

Some more thoughts on *Making Room at Our Table*...

First of all, thank you to all those parishioners who returned pledge cards for our *Making Room at Our Table* capital campaign and 2012 Sunday Offering. Thanks, too, to the many volunteers who delivered and picked up the pledges. May God bless you for your faithfulness and generosity! If you haven't done so already, please return your pledge cards to the parish office as soon as possible. In the coming days, we will review the campaign results and determine the best strategy to follow-up with those who have not responded. We will hold off on announcing the results until we have heard from the majority of parish households, so expect some news after November 1.

Hopefully, because of your commitment to the *Making Room at Our Table* process, we will be able to proceed with our plans to do the necessary maintenance projects on campus, as well as add a gathering space and fellowship hall to the church. (To proceed on these projects, we will need the approval of the Diocese of Saint Cloud and the City of St. Joseph, too.)

In the event that the total committed amount falls short of what is needed for maintenance and expansion, we will have to go back to the drawing board and come up with "Plan B." "Plan B" will be developed with the input of all parishioners.

As I have said before, we will only do what our parish can afford. I am well aware of our current economic climate and the danger of being overcommitted. In the interim, please continue to pray the *Making Room at Our Table* Campaign Prayer daily.

To learn more about *Making Room at Our Table*, check under the Communications tab at [www.churchstjoseph.org](http://www.churchstjoseph.org).

Blessings on your week!

*In Christ's peace,  
Fr. Joseph, O. S. B.*

### Are you being called to the Diaconate?

If you are male, 31–55 years of age and are interested in serving the Church in a deeper capacity, the Diocese of Saint Cloud and the Deacon Community is sponsoring a Deacon Information Night to be held at the Diocesan Pastoral Center, St. Cloud. This event will take place on Monday, October 17, at 6:30 pm.

### Next Sunday is World Mission Sunday

Our prayers and Eucharistic celebration next Sunday are directed in a special way toward the countless people throughout the world who are waiting for the proclamation of the Gospel, and those who are thirsting for hope and love. Our offerings through the Society for the Propagation of the Faith will support more than 1,150 local churches throughout Africa, Asia, the Pacific Islands and remote regions of Latin America.

### Building & Maintenance Update

This past week the flat roof on the parish garage and rectory was replaced. The old roof, still the original when the building was constructed in the 1960's, had been repaired a number of times and was beyond fixing. At a cost of \$22,300 the new roof and added insulation should be a good investment for our parish for many years and is covered by the proceeds of the July 4 Festival designated to building improvements.

Final plans are being made for the construction of the storage facility on the parish cemetery property. If city approval, contractor's schedules and material orders can all come together and the weather continues to be favorable to building, we hope to break ground this fall. If not, construction will take place next spring. The cost of the building will be approximately \$62,000 and will be covered by parish reserves designated for building. Thank you for your generous financial support that helps to make these building improvements possible.

*Sandy Scholz, Business Manager*

### Stewardship: Prayer

"As Christian stewards, we receive God's gifts gratefully, cultivate them responsibly, share them lovingly in justice with others, and return them with increase to the Lord."

—*The USCCB definition of a Christian steward*

Becoming better Catholic stewards is a life-long process. It is modeling the life of Jesus and requires continuing conversion. At the Church of Saint Joseph we renew our efforts each year by addressing three elements of stewardship; prayer in October, offering in November, and ministry in February.

Saint Benedict doesn't say much about prayer methodology in the Rule. Keep your prayer simple and to the point, he says. If you want to pray, well then, pray.

If busyness is our reason not to pray, simplicity may be the antidote. If prayer is simple, if all we have to do is do it, then we can relax. It can be done in the shower or in the car. It can be done alone, or we can gather our families and friends. We can pray and walk, pray and exercise, or we can just sit still, do nothing, and pray. We have an instinct for God and when we pray we can begin to identify God's presence in our lives.

This week pay attention to your prayer habits. Begin to notice when you pray, where you pray, how you pray. Consciously remind yourself to pray every day. Look for God's presence in your life through prayer.

**Natural Family Planning (NFP)** The Billings Ovulation Method of NFP is a natural, highly effective method of postponing or achieving a pregnancy without the use of harmful drugs or devices. First Instruction in this method will be offered in St. Cloud on Monday, October 24 at 6:30 pm at the Office of Marriage & Family. For more information, or to register, call 252-4721.